

119TH CONGRESS
2D SESSION

S. RES. _____

Supporting the designation of September 18, 2026, as “National Concussion Awareness Day”.

IN THE SENATE OF THE UNITED STATES

Ms. HASSAN (for herself and Mrs. CAPITO) submitted the following resolution;
which was referred to the Committee on _____

RESOLUTION

Supporting the designation of September 18, 2026, as
“National Concussion Awareness Day”.

Whereas mild traumatic brain injury, otherwise known as a concussion, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with the long-term effects of a traumatic brain injury;

(3) between 2001 and 2018, an estimated 3,800,000 children under age 17 visited an emergency department because of a traumatic brain injury sustained during sports- or recreation-related activities;

(4) in 2024, there were an estimated 68,000 fatalities related to traumatic brain injuries;

(5) each year an estimated 283,000 children seek care in emergency departments in the United States for a sports- or recreation-related traumatic brain injury, with traumatic brain injuries sustained in contact sports accounting for approximately 45 percent of those visits;

(6) 7 in 10 emergency department visits for sports- or recreation-related traumatic brain injury are for children ages 17 and younger;

(7) research suggests that many children with a traumatic brain injury do not seek care in emergency departments or do not seek care at all, resulting in a significant underestimate of prevalence; and

(8) approximately 15 percent of all high school students in the United States self-reported 1 or more sports- or recreation-related concussions within the preceding 12 months;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the Senate can raise awareness about concussions among the medical community and the public: Now, therefore, be it

1 *Resolved*, That the Senate—

2 (1) supports the designation of September 18,
3 2026, as “National Concussion Awareness Day”;

1 (2) recognizes that mild traumatic brain injury,
2 otherwise known as a concussion, is an important
3 health concern;

4 (3) commends the organizations and individuals
5 that raise awareness about mild traumatic brain in-
6 jury;

7 (4) encourages Federal, State, and local policy-
8 makers to work together—

9 (A) to raise awareness about the effects of
10 concussions; and

11 (B) to improve the understanding of prop-
12 er diagnosis and management of concussions;
13 and

14 (5) encourages further research and prevention
15 efforts to ensure that fewer individuals experience
16 the most adverse effects of mild traumatic brain in-
17 jury.