

118TH CONGRESS  
1ST SESSION

# S. RES.

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Supporting the designation of September 15, 2023, as “National Concussion Awareness Day”.

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## IN THE SENATE OF THE UNITED STATES

Ms. HASSAN (for herself, Mrs. CAPITO, and Mr. CASEY) submitted the following resolution; which was referred to the Committee on

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# RESOLUTION

Supporting the designation of September 15, 2023, as  
“National Concussion Awareness Day”.

Whereas mild traumatic brain injury, otherwise known as a concussion, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with the long-term effects of a traumatic brain injury;

(3) between 2010 and 2016, an estimated 2,000,000 children under age 18 visited an emergency department

because of a traumatic brain injury sustained during sports- or recreation-related activities;

(4) each year an estimated 283,000 children seek care in emergency departments in the United States for a sports- or recreation-related traumatic brain injury, with traumatic brain injuries sustained in contact sports accounting for approximately 45 percent of those visits;

(5) research suggests that many children with a traumatic brain injury do not seek care in emergency departments or do not seek care at all, resulting in a significant underestimate of prevalence; and

(6) approximately 15 percent of all high school students in the United States self-reported 1 or more sports- or recreation-related concussions within the preceding 12 months;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the Senate can raise awareness about concussions among the medical community and the public: Now, therefore, be it

1       *Resolved*, That the Senate—

2               (1) supports the designation of September 15,

3       2023, as “National Concussion Awareness Day”;

1           (2) recognizes that mild traumatic brain injury,  
2 otherwise known as a concussion, is an important  
3 health concern;

4           (3) commends the organizations and individuals  
5 that raise awareness about mild traumatic brain in-  
6 jury;

7           (4) encourages Federal, State, and local policy-  
8 makers to work together—

9                   (A) to raise awareness about the effects of  
10 concussions; and

11                   (B) to improve the understanding of prop-  
12 er diagnosis and management of concussions;  
13 and

14           (5) encourages further research and prevention  
15 efforts to ensure that fewer individuals experience  
16 the most adverse effects of mild traumatic brain in-  
17 jury.